



**Robin B. Metcalf**  
 M.Ed., M.S., C.R.C.,  
 N.C.C., C.C.M., C.R.P.,  
 L.P.C.

**President**

Robin holds degrees of Master of Education and Master of Science in Counseling, both from the University of Nevada, Las Vegas. She is a Licensed Professional Counselor (LPC), Certified Rehabilitation Counselor (CRC), Certified Case Manager (CCM), National Certified Counselor (NCC), Certified Rehabilitation Provider (CRP), Approved Behavioral Consultant, and Certified Life Skills Trainer.

## Our Counselors



**Sherman W. Gifford**  
 M.S., C.R.C., C.R.P.,  
 L.P.C.

**Vice President**

Sherman holds a Master of Science (MS) in Rehabilitation Counseling from the Medical College of Virginia/Virginia Commonwealth University. He is a Licensed Professional Counselor (LPC), Certified Rehabilitation Counselor (CRC), Certified Rehabilitation Provider (CRP), and Certified Life Skills Trainer.



**THE CHOICE GROUP**  
**4807 RADFORD AVENUE, SUITE 106**  
**RICHMOND, VA 23230**



**THE  
 CHOICE  
 GROUP**

**Vocational  
 & Career  
 Counseling**

You may have been planning a career change and just need assistance with a resume. Or this change may have occurred due to circumstances out of your control, and you may have no idea what career goal is right for you now. You may just need some support in the process. We have served thousands of clients in a similar situation over the last decade, and would welcome the chance to serve you.

Consistent with our belief that each client brings unique strengths and experiences to the employment process, The Choice Group offers a variety of packages and service options:

### Package 1: Fast-Track Career Counseling

Complete two assessments on line in our office and meet with a Counselor for a 1-hour follow up session immediately afterwards. The whole process will take about 2-1/2 hours, and you will leave with test results, suggestions for next steps, and a better understanding of how your unique strengths and interests impact your career choices and success. \$100

- Myers-Briggs Personality Type Indicator
- Strong Interest Inventory

### Package 2: Career Counseling

Ideal for the individual who has worked successfully, but life circumstances have caused a potential change in careers. Includes an initial meeting to review your unique circumstances, two assessments that can be taken here in our office or at your convenience from any computer, a follow-up meeting with a Counselor to review and

discuss the results, suggestions for next steps, and take-home information for reference and exploration. \$175

- Myers-Briggs Personality Type Indicator
- Strong Interest Inventory

### Package 3: Vocational Evaluation

This service is ideal for the individual who may have had difficulty at jobs in the past, and would like a comprehensive review of aptitudes, abilities, interests and personality type. Consists of an initial meeting followed by administration of four nationally normed assessments (approximately 1 hour each), scoring and interpretation, a follow-up meeting to discuss the resulting potential vocational goals, and a written report and resources for further self-directed career exploration. Testing can be administered in 2 sessions of approximately 2 hours each if preferred, and scheduling is flexible. \$600

### Package 4: Resume & Cover Letter

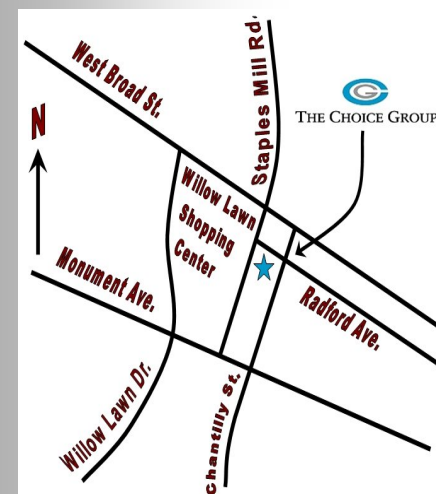
Meeting with Vocational Counselor to discuss goals and achievements and complete a sample application. A resume is prepared and there is a follow-up meeting for revisions, discussion of cover letters and reference material. \$240

### Package 5: Resume & Cover Letter, Interview Prep

Same as Package #4 above plus two additional meetings and reference material to address individual issues in the application process, including interview tips, role-playing, and follow-up. \$360

Please note: Additional individual sessions with a Counselor may be added to any of these packages for \$75/hour. Please contact us at (804) 278-9151 for assistance in determining if your health insurance will cover this service. Packages and prices may be updated at any time.

The Choice Group is conveniently located in Richmond, one block east of Willow Lawn Shopping Center and one block south of Broad Street, where there is a bus stop. Please contact us via any of the information listed below with any questions or to schedule an appointment.



### Contact Us At:

Phone: 804-278-9151  
Toll-free: 1-877-374-5312  
Fax: 804-278-9221

Or Visit:  
[www.thechoicegroup.com](http://www.thechoicegroup.com)

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