

Therapeutic Behavior Services

Authorized through two state programs, The Choice Group provides supports to clients with challenging behaviors that interfere with community engagement, independent living, and employment.

- **Therapeutic Behavior Supports** is funded by the Department for Aging and Rehabilitative Services (DARS).
- **Therapeutic Behavior Consultation** is funded by the Department of Behavioral Health and Developmental Services (DBHDS) through the Medicaid Waiver.

Using a combination of Positive Behavior Supports (PBS) and Applied Behavior Analysis (ABA), paired with a person-centered approach, clients and their support teams are given the skills necessary to decrease these challenging behaviors and replace them with ones that will help fulfill their goals.

Therapeutic Behavior Supports and Therapeutic Behavior Consultations are provided by, and under the supervision of, a Board-Certified Behavior Analyst (BCBA) and Licensed Behavior Analyst (LBA), or a Positive Behavior Supports Facilitator (PBS-F).

The BCBA/LBA or PBS-F will conduct an initial assessment in order to develop a comprehensive treatment and support plan. They will implement the treatment plan and train the client and his/her support team to implement the plan. The BCBA/LBA or PBS-F will supervise the behavioral interventions and review data to ensure clients make meaningful progress toward achieving their goals.

Treatment plans are individualized and interventions take place where the client needs services; at work, in the community, or at home. Recognizing that each of our clients have unique strengths and interests, this behavior



support program works in conjunction with a wide range of services also provided by The Choice Group. In addition to Therapeutic Behavior Supports and Therapeutic Behavior Consultations, clients may also receive Vocational and Career Counseling, Supported Employment Services, and Community Support Services in order to meet their unique needs and address behavior concerns.

To learn more about The Choice Group's Therapeutic Behavioral Services programs and for assistance with the referral process, please contact Zach Sisisky or Christy Stegman.

The Choice Group serves clients across most of Virginia. Our Counselors live in, and are familiar with, the areas they serve. We partner with referral sources to assist individuals who have the potential to succeed. We welcome the opportunity to help people achieve their goals and live up to their abilities.

Mission Statement

The mission of The Choice Group is a commitment to excellence in meeting our clients' needs, while foremost respecting their individuality and right to make life choices.

